Mental Health Services

When you support mental health, everyone benefits.

UMMC Telehealth offers general and specialized psychiatric services supported by experienced, multidisciplinary care teams including psychiatrists, psychologists, counselors, therapists and other mental health providers.

UMMC Telehealth is an effective way to:

- Provide specialized mental health care to pediatric, adolescent, adult and geriatric patients

- Offer mental health services discreetly, in the primary care setting

- Treat patients in convenient, private, familiar surroundings

- Make it easier for patients to complete a course of treatment

- Bring care to communities with limited access to mental health services

Schools offering mental health services through telehealth can help meet students' psychiatric needs right on campus, allowing more time to focus on studying. Businesses offering these services find their staff take fewer sick days and are more productive on the job.

Telehealth is personal healthcare delivered through the Internet. Using interactive, online video tools, UMMC care teams can assess and treat patients and consult with caregivers in other locations. All in real time.

TELEHEALTH IN ACTION

PROVIDING MENTAL HEALTH SERVICES WHERE THEY'RE MOST NEEDED

Angie is a high school senior with
an eating disorder she doesn't want
her friends to know about. Her mom takes
her to Dr. Smith, the family doctor,
who recommends specialized treatment.
He schedules a live streaming consultation
with Dr. Jackson, a UMMC psychiatrist
specializing in eating disorders,
a consultation that happens
right in Dr. Smith's office. Together they
establish a course of treatment for Angie
that is both discreet and effective.

UMMC CAN PROVIDE IN-PERSON CARE IF NEEDED.

Many patients can be successfully treated through
telehealth. When patients do require hands-on care,
our telehealth providers can refer them to an
appropriate facility. Whether it's telehealth or hands-on
treatment, patients receive the same high level of care
backed by Mississippi's only academic medical center.

Mental health services available through
UMMC Telehealth include:

- Mental health evaluations, commitment
  evaluations and consultations, ongoing
  medication management, and treatment for
  acute and chronic mental illnesses such as:
  - Major depressive disorder
  - Bipolar disorder
  - Schizophrenia
  - Anxiety disorders, including post-traumatic
    stress disorder
  - Personality disorders
  - Eating disorders

- Child and adolescent psychiatry services,
  to ensure that children from birth to age 17
  have access to appropriate behavioral
  or developmental care and treatment

- Assessment and treatment for age-related
  conditions, such as Alzheimer's disease
  and other dementias

- A specialty clinic and support for
  Mississippi's lesbian, gay, bisexual and
  transgender communities

- Remote training and professional development
  for mental health specialists, helping care
  teams stay current on psychiatric health best
  practices while remaining in the clinic and
  available to patients

To learn how we can help your patients, your medical practice, and your community,
visit **ummchealth.com/telehealth**, email us at **telehealth@umc.edu**, or call **601.815.2020**.

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THE UNIVERSITY OF MISSISSIPPI
MEDICAL CENTER

Center for Telehealth